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## EARTHQUAKE

...A series of vibrations in the Earth's crust.

During an earthquake, remain calm and quickly take the following actions:

### **IF INDOORS:**

- DROP, COVER and HOLD: Drop to the ground; take cover in a doorway or under a sturdy desk or table; and hold on until the shaking stops. If there isn't a table or desk nearby, cover face and head with arms and crouch in an inside corner of the building.
- Stay away from glass windows, shelves, and other heavy objects or equipment.

### **IF OUTDOORS:**

- Move quickly away from buildings, utility poles, and other structures and then drop to the ground.
- CAUTION: Always avoid power or utility lines as they may be energized!
- Know your assembly points!

### **IF IN AN AUTOMOBILE:**

- Pull over to the side of the road as quickly and safely as possible. Avoid stopping near or under buildings, trees, overpasses, or utility wires.
- Stay in the vehicle. Set the parking brake and listen to the radio for information.
- When the earthquake is over, proceed cautiously, and avoid bridges, ramps, overpasses and roads that may have been damaged.

### **IF, IN THE AFTERMATH OF AN EARTHQUAKE, A SUBSEQUENT EMERGENCY SITUATION EXISTS:**

- Protect yourself at all times, and be prepared for aftershocks.
  - If emergency assistance is needed, request Law Enforcement personnel.
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