

# ASSOCIATE OF SCIENCE: HEALTH & HUMAN PERFORMANCE

Student Name: \_\_\_\_\_

Goals after Graduation: \_\_\_\_\_

Effective Catalog Year: 2026 - 2027

## IMPACTS & Field of Study Courses: 60 HOURS

| <b>Institutional Priority (4 Hrs)</b>                             | <b>Hrs</b> | <b>Term</b> | <b>Grade</b> |
|-------------------------------------------------------------------|------------|-------------|--------------|
| DVRS 1101                                                         | 1          |             |              |
| <b>Select one of the following:</b> ANTH 1102, 1104;              | 3          |             |              |
| COMM 1100, 1110, 2000, 2010; HIST 1111, 1112, 2220;               |            |             |              |
| POLS 2401; SOCI 2501; any SABR                                    |            |             |              |
| <b>**Mathematics (3 Hrs)</b>                                      | <b>Hrs</b> | <b>Term</b> | <b>Grade</b> |
| MATH 1001, 1101, 1111, 1113, 1401, 2253                           | 3          |             |              |
| <b>Political Science &amp; U.S. History - Citizenship (6 Hrs)</b> | <b>Hrs</b> | <b>Term</b> | <b>Grade</b> |
| HIST 2111 or 2112                                                 | 3          |             |              |
| POLS 1101                                                         | 3          |             |              |
| <b>Arts, Humanities &amp; Ethics - Humanities (6 Hrs)</b>         | <b>Hrs</b> | <b>Term</b> | <b>Grade</b> |
| <b>Select one of the following:</b> ENGL 2111, 2112, 2121, 2122,  | 3          |             |              |
| ENGL 2131, 2132; HUMN 2111, 2112                                  |            |             |              |
| <b>Select one of the following:</b> ARTS 2205; COMM 1100, 1110,   | 3          |             |              |
| COMM 2000, 2010; ENGL 2111, 2112, 2121, 2122, 2131,               |            |             |              |
| ENGL 2132; HUMN 2111, 2112; MUSI 1100; PHIL 2010;                 |            |             |              |
| THEA 1100; or any three-hour foreign language                     |            |             |              |
| <b>**Communicating in Writing (6 Hrs)</b>                         | <b>Hrs</b> | <b>Term</b> | <b>Grade</b> |
| ENGL 1101                                                         | 3          |             |              |
| ENGL 1102                                                         | 3          |             |              |
| <b>Technology, Mathematics &amp; Sciences - STEM (11 Hrs)</b>     | <b>Hrs</b> | <b>Term</b> | <b>Grade</b> |
| <b>Select one of the following:</b> ASTR 1010/1010L, 1020/1020L;  | 4          |             |              |
| BIOL 1010K, 1020K, 2000/2000L, 2107K, 2108K;                      |            |             |              |
| CHEM 1151K, 1152K, 1211K, 1212K; PHSC 1011/1011L;                 |            |             |              |
| PHYS 1111K, 1112K, 2211K, 2212K;                                  |            |             |              |
| SCIE 1111/1111L, 1121/1121L                                       |            |             |              |
| <b>Select two of the following:</b> ASTR 1010/1010L, 1020/1020L;  | 7          |             |              |
| BIOL 1010K, 1020K, 2000/2000L, 2107K, 2108K;                      |            |             |              |
| CHEM 1151K, 1152K, 1211K, 1212K; PHSC 1011/1011L;                 |            |             |              |
| PHYS 1111K, 1112K, 2211K, 2212K;                                  |            |             |              |
| SCIE 1111/1111L, 1121/1121L; CSCI 1301, 1302;                     |            |             |              |
| MATH 1113, 1401, 2253, 2254, 2255                                 |            |             |              |
| <b>Social Sciences (6 Hrs)</b>                                    | <b>Hrs</b> | <b>Term</b> | <b>Grade</b> |
| <b>Select two of the following:</b> ECON 1101, 2105, 2106;        | 3          |             |              |
| HIST 1111, 1112, 1121, 1122, 2100, 2111, 2112, 2200, 2220;        |            |             |              |
| POLS 2100, 2200, 2401; PSYC 1101, 2101, 2103, 2201;               | 3          |             |              |
| SOCI 1101, 1160, 2293; 2501                                       |            |             |              |
| <b>**Field of Study Courses (18 Hrs)</b>                          | <b>Hrs</b> | <b>Term</b> | <b>Grade</b> |
| BIOL 2210K - BIOL 2107K is a prerequisite                         | 4          |             |              |
| BIOL 2211K                                                        | 4          |             |              |
| HLHP 2020                                                         | 3          |             |              |
| PHED 1004                                                         | 2          |             |              |
| HLPH 2010                                                         | 3          |             |              |
| Choose <b>one</b> of the following: HLHP 2015, 2030, 2040         | 2          |             |              |
| <b>Physical Education Requirements (4 Hrs)</b>                    | <b>Hrs</b> | <b>Term</b> | <b>Grade</b> |
| HLTH 1103                                                         | 2          |             |              |
| Physical Ed                                                       | 2          |             |              |

### ADDITIONAL REQUIREMENTS

A minimum of 64 semester hours must be completed for graduation.

**\*\*All Courses require a "C" or higher.**